



2020-review

4/20/2024

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Cruising Review

About Cruising Review and Travel Industry Reviews



This webpage QR code

Structured Data

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About Cruising Review and travel reviews for the worldwide cruise ship, airlines, luxury resorts, yachts, and private jet charter.

PDF Version of the webpage (first pages)

4/20/2024

December 2020 Update: For my 2021 travel, I'm looking for travel companions (must be a woman, single, have passport) for travel to Europe, and reviewing cruises (Rhine river, Mediterranean, Italy, Caribbean, and South Pacific). If you're interested, please visit my Instagram (pepe.G6) and DM me, or send me an email.

At the end of December, I'll preserve my 2020 updates in a separate webpage, so I can focus on 2021. The main theme for 2021 is leverage. Doing more with less. How to function well and thrive with less. Focus more on the experience.

For 2021, I will circle back to focus on inventing and researching healthy living and building a cosmetics company for DIY home skin care solutions (SwissMixIt). While traveling, I hope to seek out local medicinal plants and anti-aging solutions. Probably the best example is Tamanu oil from French Polynesia. I've been using it since 2004, and love how my skin feels rejuvenated. I've been experimenting with skin creams since March 2020 with the SwissMixIt induction touch-free magnetic mixer with fantastic results. This one product will turn the cosmetics industry on end, by allowing DIY at-home formulations (saves money and provides a better quality product by using organic ingredients and less processing and less chemicals used in many commercial formulations).

Pandemic Status: The most important thing you can do is self-quarantine, take vitamin D3, physical distance from others, and ventilate any indoor room when with others. That strategy will help get you through the pandemic. Vaccines should be available mid 2021. I predict the huge wave for the USA will peak in December, then things will start returning to normal by mid-year. The CDC has given enough regulation to basically prevent the cruise lines from operating in US waters until or after March 2021 (that was the original goal with the CDC no-sail orders, but political pressures forced the CDC to open cruising earlier, which was met with huge regulation hurdles which effectively prevented any cruise line from operating prior March 2021).

Storyboard App: Really simple (unlocked) Filemaker Go app to organize your video story. Runs on your iPhone (IOS).

Download here: <http://www.laserstatics.com/download/FM-Go-storyboard.fmp12>

November 2020 Update: I have closed my machine shop (where I was building and selling industrial equipment) near Seattle, Washington, and am now focussing on SwissMixIt, E-Ship and Filemaker databases for my travel side, Cruising Review.

At home, I'm growing a Mason jar hydroponic garden with Basil, Black seed, Romano tomato, and Red pepper plants. Because sunset is now around 4:28pm, I'm supplementing lack of sunlight with spectrum specific LED lights (proven by NASA to grow vegetables). As a whole food plant-based diet person, I'm also growing my own Broccoli and Lentil sprouts, which have 10-100 times the nutrition compared to their more mature produce. The focus is learning how to leverage what you have around you to make you healthier, while reducing costs during a pandemic. For supplements, I'm taking D3 on a daily basis. D3 has been proven in clinical trials to boost immunity and less any effects if you get Covid. I'm also adding Black Seed (<http://8swiss.com/black-seed/index.htm>) to a super-spice mix of Cardamom, Black Pepper, Gooseberry (Amla), and Turmeric. You can see my research of science related articles here: <https://swissmixit.com/publications/>

The CDC has lifted it's US waters cruise ban, and replaced with a length conditional sail order. I am now working on a Compliance Database Solution which organizes the cruise lines. While this seeming like a breakthrough, it's just

4/20/2024

Raw Data From WordPress

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