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# dates

Cruising Review

Dates: Publications and Research from SwissMixIt



This webpage QR code

## Structured Data

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Date palm fruits are one of the fruits reported to have good potential in diabetes treatment due to its presence of polyphenols exerting strong antioxidant activities. Therapeutic effects of date fruits (Phoenix dactylifera) in the prevention of diseases via modulation of anti-inflammatory, anti-oxidant and anti-tumour activity. Natural products are good remedy in the treatment management of diseases and they are affordable and effective without any adverse effects. Dates are main fruit in the Arabian Peninsula and are considered to be one of the most significant commercial crops and also have been documented in Holy Quran and modern scientific literatures. Earlier studies have shown that constituents of dates act as potent antioxidant, anti-tumour as well as anti-inflammatory, provide a suitable alternative therapy in various diseases cure. Dates (Phoenix dactylifera) are one of the members of the palm family Arecaceae, or Palmae. The species name dactylifera date-bearing originate from two words; one from greek dáktulos date and the stem of the Greek verb fero. The date palm (Phoenix dactylifera L.) is one of oldest cultivated plants of human kind and used as food for 6000 years.

PDF Version of the webpage (first pages)

## Dates Botanical Information

Date palm fruits are one of the fruits reported to have good potential in diabetes treatment due to its presence of polyphenols exerting strong antioxidant activities. Therapeutic effects of date fruits (*Phoenix dactylifera*) in the prevention of diseases via modulation of anti-inflammatory, anti-oxidant and anti-tumour activity.

Natural products are good remedy in the treatment management of diseases and they are affordable and effective without any adverse effects. Dates are main fruit in the Arabian Peninsula and are considered to be one of the most significant commercial crops and also have been documented in Holy Quran and modern scientific literatures.

Earlier studies have shown that constituents of dates act as potent antioxidant, anti-tumour as well as anti-inflammatory, provide a suitable alternative therapy in various diseases cure.

Dates (*Phoenix dactylifera*) are one of the members of the palm family *Arecaceae*, or *Palmae*. The species name *dactylifera* date-bearing originate from two words; one from greek *dáktulos* date and the stem of the Greek verb *fero*. The date palm (*Phoenix dactylifera* L.) is one of oldest cultivated plants of human kind and used as food for 6000 years.

Keywords: date palm, *Phoenix dactylifera*, dates, polyphenols, flavonoids, diabetes, anti-diabetic, proximate analysis, physico-chemical characteristics, date sugar, phytoconstituents, amino acids, biomaterials,

Dates fruits, medicinal plants, anti-tumour activity,

Alzheimer's disease, amyloid beta, behavior study, dates, Oman, Tg2576 mice, water maze and rota-rod test

antioxidant, CD34+, CD133+, flavonoid, phenolic compounds, *Arecaceae*, cancer, date fruit, palm tree, *Phoenix dactylifera* L, Date polyphenols, Gut ecology, Colonic cancer inhibition



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