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honey

Cruising Review

Honey: Publications and Research from SwissMixIt



This webpage QR code

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Honey contains phytochemicals, flavonoids, catalase, phenolic acids, ascorbic acid, antibiotic-rich inhibine, tocopherols, and peptides, and most of these substances work in synergy to provide its beneficial effects. natural honey include proteins, amino acids, enzymes (amylase, catalase, invertase, oxidase), and vitamins (including niacin, riboflavin, and pantothenic acid), as well as minerals (mainly calcium, copper, iron, magnesium, manganese, phosphorus, potassium and zinc.

PDF Version of the webpage (first pages)

<https://cruisingreview.com/smx/honey.html>

Honey Botanical Information

Honey contains phytochemicals, flavonoids, catalase, phenolic acids, ascorbic acid, antibiotic-rich inhibine, tocopherols, and peptides, and most of these substances work in synergy to provide its beneficial effects. natural honey include proteins, amino acids, enzymes (amylase, catalase, invertase, oxidase), and vitamins (including niacin, riboflavin, and pantothenic acid), as well as minerals (mainly calcium, copper, iron, magnesium, manganese, phosphorus, potassium and zinc).

Keywords: honey, phytochemicals, flavonoids, catalase, phenolic acids, ascorbic acid, antibiotic rich inhibine, tocopherols, peptides

Description and Research Abstract: Honey contains phytochemicals, flavonoids, catalase, phenolic acids, ascorbic acid, antibiotic-rich inhibine, tocopherols, and peptides, and most of these substances work in synergy to provide its beneficial effects. natural honey include proteins, amino acids, enzymes (amylase, catalase, invertase, oxidase), and vitamins (including niacin, riboflavin, and pantothenic acid), as well as minerals (mainly calcium, copper, iron, magnesium, manganese, phosphorus, potassium and zinc).

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