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telomere

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Cruising Review

Telomere: Publications and Research from SwissMixIt



This webpage QR code

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Expression of Telomeric Repeat-Containing RNA Decreases in Sarcopenia and Increases after Exercise and Nutrition Intervention: Sarcopenia is defined as aging-related loss of muscle mass and function. Telomere length in chromosomes shortens with age and is modulated by telomeric repeat-containing RNA (TERRA). The Role of microRNAs in Organismal and Skin Aging: The aging process starts directly after birth and lasts for the entire lifespan; it manifests itself with a decline in an organism's ability to adapt and is linked to the development of age-related diseases that eventually lead to premature death. This review aims to explore how microRNAs (miRNAs) are involved in skin functioning and aging. Recent evidence has suggested that miRNAs regulate all aspects of cutaneous biogenesis, functionality, and aging.

PDF Version of the webpage (first pages)

<https://cruisingreview.com/smx/telomere.html>

Telomere Botanical Information

Expression of Telomeric Repeat-Containing RNA Decreases in Sarcopenia and Increases after Exercise and Nutrition Intervention: Sarcopenia is defined as aging-related loss of muscle mass and function.

Telomere length in chromosomes shortens with age and is modulated by telomeric repeat-containing RNA (TERRA).

The Role of microRNAs in Organismal and Skin Aging: The aging process starts directly after birth and lasts for the entire lifespan; it manifests itself with a decline in an organism's ability to adapt and is linked to the development of age-related diseases that eventually lead to premature death. This review aims to explore how microRNAs (miRNAs) are involved in skin functioning and aging. Recent evidence has suggested that miRNAs regulate all aspects of cutaneous biogenesis, functionality, and aging.

Keywords: telomeric repeat, exercise, d3, nutrition, telomere, telomerase, tert, htr, dyskerin, cancer, telomeres, shelterin complex, end replication, telomere maintenance mechanisms, TERT promoter mutations, telomere length heritability, genetic variants, cancer-risk, aging, biobehavior, nursing research, oxidative stress, psychological stress, telomere, Telomeres length, oxidative damage, breast cancer, Aging syndromes, Aging process, autophagy, Astragalus membranaceus, Astragalus membranaceus extracts, autophagy dysregulation-associated diseases, Astragalus polysaccharide, preparation, chemical composition, pharmacological action, immune regulation, anti-aging, anti-tumor, regulation of blood glucose, Whole ingredients extract, Chemical integrity, Immunomodulation, Astragali Radix, Astragalus membranaceus, aging, neurodegenerative disease, cancer, immunoregulation, Astragalus membranaceus extract, macrophage, heparanase, migration, immune response mediator, immune response, Telomerase, telomeres, senescence, cancer, immortalization, peripheral blood leukocytes, serum lipids concentrations, telomere length, DNA damage response, flavanoid, polyphenol, telomere, telomeric position effect, telomere-induced foci, aging, anti-aging, antioxidants, laser, peeling, fillers, botulinum toxin, hormone replacement therapy, cell regulators, prevention, carnosine, complexation, dermo-cosmetic formulation, topical delivery, telomerase, DNA damage responses, G-quadruplex, guanine-rich oligonucleotides (GROs), telomere homolog oligonucleotides (T-oligos)

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